



## **83 DESCENSO INTERNACIONAL DEL SELLA**

### **RFEP International Competition**

### **ICF 2019 Marathon World Series**

*Saturday, 3 August 2019*

## **RULES**

### **1. ORGANIZATION**

It corresponds to the Real Federación Española de Piraguismo and by delegation to the Comité Organizador del Descenso Internacional del Sella (C.O.D.I.S).

### **2. HOUR OF THE RACE**

The official start is at 12:00 hours.

### **3. PARTICIPATION**

The race is open to all Spanish and foreign competitors in possession of the obligatory competition licence for the current year.

### **4. CATEGORIES AND TYPES OF BOATS**

Participation in the race is available to the following Categories and types of boats:

Categories:

<b>MAN</b>	<b>WOMEN</b>	<b>MIXED</b>
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Senior	Senior	Senior
Sub-23	Sub-23	The rest
Junior	Junior	
Cadet	Cadet	
Veteran until 50 years old	Veteran until 50 years old	
Veteran from 50 to 60	Veteran over 50	
Veteran from 60 to 70		
Veteran over 70		

- The participation of Spanish canoeists from different clubs in K2 and C2 is only permitted for those competitors in possession of the “Combined Licence” in accordance with the norms of the RFEP.
- The participation of K2 and C2 whose canoeists have different nationalities, is forbidden when they represent two different countries according to the RFEP norms.
- A category will be only recognised as such if there is a minimum of 3 canoes from 2 different clubs. When this last case is not given, the boat is automatically registered in another category considered superior.

#### Types of boats:

- K1, K2, C1, C2, RR type (White-water rudderless kayaks) and sea kayaks SS1.
- For RR type canoes there will be a sole category.
- The MIXED categories (K2 and C2) are formed by a man and a woman.
- For mixed C2 canoes there will be a sole category.
- For SS1 canoes there will be a sole classification for men and a sole classification for women.

## **5. POSITIONS AT THE STARTING LINE AND DRAW**

### 5.1 Order in the starting line

The order of allocation will be by categories, placing first those boats with finishing line in Ribadesella and then the categories with finishing line in Llovio.

#### **Finishing line in Ribadesella**



The following categories and kind of boats have the finishing line in Ribadesella:

- Seniors K2, K1, C2, C1 (men and women).
- Sub 23 K2, K1, C2, C1 (men and women).
- Juniors K2, K1, C2, C1 (men and women).
- Mixed (Senior).
- Veterans 35-50.
- SS1 (men and women)

### **Finishing line in Llovio**

The following categories and kind of boats have the finishing line in Llovio:

- Cadets K2, K1, C2, C1 (men and women)
- Mixed K2 (except senior: unique category)
- Mixed C2 (unique category)
- Veteran men 50-60; 60-70; +70
- Veteran women +50
- RR type (unique category)

### **5.2 Draw**

The order of the starting line of the participants will be determined by a computerised draw in the Casa de Cultura of Ribadesella at 16.00 h on Thursday 1st August. This Act will be open.

## **6. TIME TRIAL FOR SERIES HEADS**

This will be held in Ribadesella on Thursday 1st August for the boats allow to participate in this race. The information concerning the time trial will be published as an annex, at least one month before the race.

Formation of seeds:



- All the canoeists of the last edition of the Descenso Internacional del Sella ranked in the top ten for the K1 y K2 men categories with finish line in Ribadesella, are, in their own right, able to participate either in K2 (with a different companion or the same one) or in K1.

### SEEDS BY POSITION

<b>Senior MAN K-2 SELLA 2018</b>
EMILIO LLAMEDO ALVAREZ - PEDRO VAZQUEZ LLENIN
JULIO MARTÍNEZ GÓMEZ - RUBEN GONZÁLEZ PEREDA
ANDREW BIRKETT - HANK MCGREGOR
MIGUEL LLORENS LOPEZ - LUIS AMADO PEREZ BLANCO
BRAIS SÁNCHEZ NOVELLE - ANTONIO PALMÁS REGUERA
EDUARDO GONZALEZ ALONSO - JUAN BUSTO GUTIERREZ
JOSE JULIÁN BECERRO - MIGUEL FERNÁNDEZ CASTAÑÓN
GUILLERMO PEREZ GARCIA - DANIEL JESUS PEREZ GARCIA
JAVIER LOPEZ GONZALEZ - ASLEY RODRIGUEZ NAREDO
SEBASTIAN LUIS VERGAUVEN - JULIÁN ALGAÑARÁS

<b>SENIOR MAN K1 SELLA 2018</b>
BORJA ESTOMBA NIETO
GUILLERMO FIDALGO DE LEÓN
FEDERICO VEGA SUAREZ
ALBERTO PLAZA SAGREDO
JESÚS RODRÍGUEZ LEÓN
DAVID RODRIGUEZ DORADO
PEDRO GUTIERREZ ALVAREZ
PEDRO ARAMBARRI GOMEZ
ANDRES CANGAS SOTO
EMILIO LLAMEDO IGLESIAS

- Also considered as series heads are the members of the National Teams of the different countries, who have been registered as such by their respective Federations, as well as those designated by the Spanish Autonomous Federations,



being able to register one K1 and one K2 Senior by Country/Autonomous Federation, with the exceptions the CODIS could establish.

## **7. STARTING LINE**

The boats should be situated one hour before the start (11:00 a.m.) in the position allocated by the Draw, where they will be verified by the Riverside Judges.

The boats must be situated completely out of the water, with the bows as close as possible to the water and with the canoeist on the shore, in front of the metallic structure (clamps) where the paddlers should be placed. The clamps will be shut fifteen minutes before the official start (11.45 a.m.) and no canoeist will be able to position his paddle on them once the clamps have been shut.

After finalizing the protocol ceremony (verses in charge of the person who is giving the speech and the singing of “Asturias Patria Querida”), the Judge will notify the start by changing the light of the traffic lights on the shore, red until that moment to green, moment at which the clamps will be opened liberating the paddlers. At the same time the cannon will be shot.

It is prohibited to undertake any training in the area of the starting line an hour before the official start. The riverside judges will disqualify any canoe that breaks the rules notifying the canoe number to the Judge, although the vessel had taken the starting line and had completed the competition.

The reasons for disqualification are: warming up in the water before the start, not having the canoe out of the water, not having the paddlers in the clamps, not having the body's number and the canoe's number, and leaving before time.

At the Descenso Internacional del Sella, the departure is not neither repeated nor time sanctions, but disqualifications.

## **8. ARRIVAL**

The finishing line is situated below the arch of the Ribadesella's Bridge bearing the corresponding signpost META (distance 20 Km). (Itinerary A)



The categories: Cadets, veterans over 50 years old, Mixed (except K2 senior) and RR type have their finishing line or Meta at the Llovio Railway's Bridge (distance 15 Km). (Itinerary B)

The boats with their finishing line in Llovio may continue to the finishing line at Ribadesella thus figuring in the general ranking.

## **9. ITINERARY**

- Itinerary A: Section of the River Sella between the Bridges of Arriondas and Ribadesella (20km).
- Itinerary B: Section of the River Sella between the Bridge of Arriondas and the Railway Bridge of Llovio (15km).

## **10. DORSAL NUMBERS**

The dorsal numbers can be collected by the Club Delegates, on Friday 2nd August, from 9 am to 2pm, and from 4pm to 8pm. They could also be collected on Saturday 3rd August from 9am to 10am in the Javier Hernanz's Municipal Sport Centre.

## **11. RANKING AND POINTS**

There are individual ranking, by Clubs, Nations and Autonomous Communities. The general ranking of the boats, finishing in both Ribadesella and Llovio, will be also published.

### Ranking by Nations.

The ranking by nations will be done by taking into account the time of the first two boats of each country belonging to the National Team which reach the finishing line at Ribadesella.

### Ranking by Autonomic Federations

The ranking by Autonomic Federations will be done by taking into account the time of the first two boats of each Autonomic Federation which reach the finishing line at Ribadesella.



### Ranking by clubs

The total scoring of a club will be obtained by the addition of the times of the best 3 canoes in Ribadesella's finishing line plus the times of the best 3 canoes in Llovio's finishing line.

A club will enter the club classification only if it has at least 3 canoes in each of the two finishing lines.

## **12. CONTROL TIME**

This is 30 minutes for both finishing lines, running from the arrival of the first boat of each Category.

## **13. ENTRIES**

The entries must be done through a club or through the autonomic federations or national federations for autonomous teams or national teams.

The entries of combined boats (paddlers from different clubs / Spanish Autonomous Federations in K2 or C2) must be done through the club of one of the paddlers. It will not score by clubs, or by regional federations.

The registration fee is 20 euros per canoeist. The registration cost includes the following:

- Registration fee.
- Backpack of the 83rd Descenso Internacional del Sella.
- Technical t-shirt of the 83rd Descenso Internacional del Sella.
- A voucher for picnic in "Los Campos de Oba" (Llovio).
- A diploma for all the participants arriving within the control time (finishing line in Ribadesella).

Registration opens on the 20th June 2019 and closes on the 24<sup>th</sup> July 2019 for all the teams. Phone registrations will not be admitted. The registration will be done through the web <http://www.descensodelsella.com>

The amounts corresponding to the registrations should be credited to CODIS by credit/debit or PayPal, via the registration section of the web.



The entries list can be checked in [www.descensodelsella.com](http://www.descensodelsella.com) and will be shown in Javier Hernanz's Municipal Sport Centre (Arriondas) from the 1<sup>st</sup> August. The aim is that club delegates check accurately their entries.

#### **14. TECHNICAL MEETING**

This will take place on Thursday, 1st August at 11:00 hours in the "Javier Hernanz Municipal Sport Centre" in Arriondas.

#### **15. OPENING CEREMONY**

The hoisting of the Spanish Autonomic flags, will take place on Wednesday 31<sup>st</sup> of July, at 17:30h at the podium of the finishing line at Ribadesella during the "Minisella race". Competitors are able to participate in this Ceremony if they so desire.

The Opening Ceremony, with the hoisting of the National flags, will take place on Friday 2<sup>nd</sup> August at 20:00 hours, beginning in the Plaza del Ayuntamiento (Town Hall Square) of Arriondas. Then, the flags of the participating countries will be hoisted at the Arriondas bridge. All Competitors are able to participate in this Ceremony if they so desire.

#### **16. PRIZES**

##### Podium in Ribadesella

The Medals and Monteras (traditional Asturian hats) for the first three classified boats in K1 y K2, men and women, and the first three C1 and C2 men, will be awarded at the podium of Ribadesella immediately after arrival to the Finishing line. The winners must go to the podium without companion and wearing the team clothing and the official dorsal number.

##### Podium in Llovio

The prize-giving ceremony for the best three ranking participants of the different Categories and types of boats, and for the first three clubs, Spanish Autonomous Federations and Nations, will take place in "Los Campos de Oba" (Llovio), at 17:00 h.





It is obligatory to access the podium, without companion, and wearing team clothing (competition or street-wear).

The monetary prizes to participants and clubs will appear in the annex to the rules at the end of June.

The prizes for Clubs will be paid by bank transfer in the following days after the race.

### **17. ANTI-DOPING CONTROL**

Anti-doping controls may be conducted upon any participant in line with national and international regulations.

### **18. REGULATION**

The race is subject to the norms established by this circular and by the Regulation of Marathon Races of the International Canoe Federation (ICF).

Furthermore, participation in the race supposes the acceptance of this Circular, and of the annexes.

### **19. PUBLICATION OF RESULTS**

The provisional results will be published in the billboards installed in “Los Campos de Oba”, where the prize-giving ceremony will take place.

### **20. CLAIMS**

Any type of claim should be presented in writing and accompanied by the payment of 75,00 €, to the Competition Committee, up to 30 minutes after having published the provisional results. Said Committee will be situated in the Organization’s Office in “Los Campos de Oba”.



## 21. RESPONSABILITIES

El Comité Organizador del Descenso Internacional del Sella (CODIS), will not be liable for any damages or losses during the Competition.

The signatory of the entry sheet declares, under his/ her responsibility, that the competitors included thereunder are of an amateur status as defined by the ICF, that they are capable of swimming 50 meters in sports gear and that they possess a current Federal Licence for the practice of Canoeing, accepting for themselves as signatories and thereby exonerating the Race Organizers both by fact and law, of any responsibilities that could arise from their participation in the Descenso Internacional del Sella, be they in the form of people, boats, vehicles of all types and accessories before, during and after the race, renouncing formally to any claim against the Organizers which may legally correspond to them.

The request to participate in this race supposes full acceptance of the Norms included under the present Rules.

### **WARNING**

**The CODIS reserves the right to make changes to the present Rules, for technical or budget reasons, until 20<sup>th</sup> June de 2019**

Arriondas 27 May 2019

THE PRESIDENT

Juan Manuel Feliz

