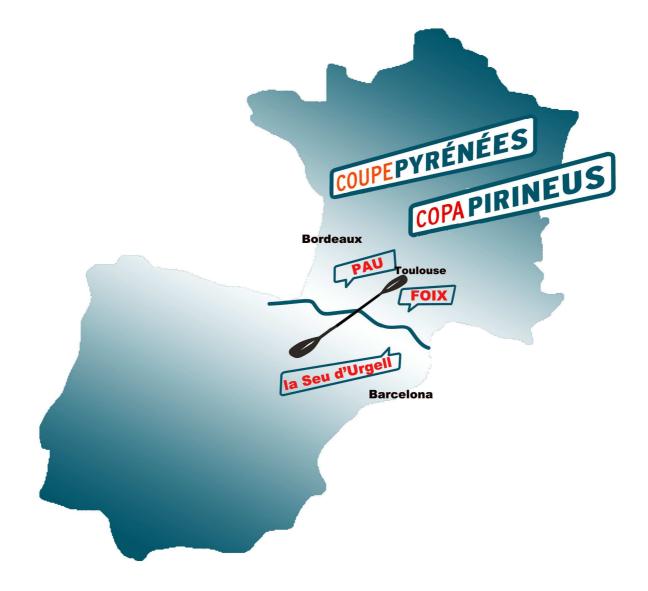
1st NEWSLETTER

2014 PYRENEES CUP

- 26 27 April LA SEU D'URGELL, Parc Olímpic del Segre
- 30 April / 1 May PAU, Stade d'eaux vives Pau Pyrénées
- **3 4 de May FOIX, Stade d'eaux vives Le Rebech**



1st NEWSLETTER

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Dear President, Dear Secretary General,

The Organizing Committee of the 5th Pyrenees Slalom Cup cordially invites you to attend the canoe slalom competitions that will be held in April/May 2014.

The Pyrenees range of mountains is a tourist area, overlapping the border of France with Spain that will host the participants in a friendly atmosphere. The host cities of La Seu d'Urgell, Foix and Pau have a common tradition of cooperation starting on the Twelve Century. The bishop of Urgell, the Count of Foix and later the Count of Bearn has had in the middle age a closer relationship during more than two hundred years. Now the canoe slalom, in three performance venues and an efficient organization crew, bring a new opportunity to strength the ties on both sides of the mountains. The travelling distances between the competition sites are approximately two hours. There is flexibility to combine athlete's schedules and accommodation preferences.

The competition races are sport orientated, to be useful for slalom training and improvement of technical performance. The individual inscription gives wider opportunities to participate and combine sport schedule. La Seu and Pau competitions are included in the ICF calendar provide classification for ICF World Slalom Ranking. In ten days of intense activity there are offered three technical competitions of the highest level. This program is unique in canoe slalom.

The Pyrenees Cup Organizing Committee welcomes you to joint our events 2014.







1st Newsletter 2014 Canoe Slalom Pyrenees Cup

PROVISIONAL PROGRAM

Friday, April 25 th	14 - 19 h 19:15 h 20:00 h	Free Training in groups Parc Olímpic del Segre - LA SEU Team Leaders meeting Demonstration Heats course and approval
Saturday, April 26 th	10:00 h 13:00 h 19:30 h	Heats 1 st and 2 nd run C2 M and K1W Heats 1 st and 2 nd run K1M, C1W and C1M Finals course demo and approval
Sunday, April 27 th	9:00 h 12:00 h	Semi-final: C2M, K1W, K1M, C1W, C1M Final all categories
Monday, April 28 ^t		Training in Pau, Foix or La Seu
Tuesday, April, 29 th	12 - 18 h 18:15 h 19:00 h	Free Training in groups Pyrenees White Water Stadium - PAU Team Leaders meeting Demonstration Heats course and approval
Wednesday, April 30 th	9:15 h 13:00 h 18:00 h	Heats 1 st and 2 nd run C2 M and K1W Heats 1 st and 2 nd run K1M, C1W and C1M Finals course demo and approval
Thursday, May 1st	10:00 h 14:30 h	Semi-final: C2M, K1W, K1M, C1W, C1M Final all categories
Friday, May 2nd	10 - 18 h 18:15 h 19:00 h	Free Training in groups Stade d'eaux vives Le Rebech - FOIX Team Leaders meeting Demonstration Heats course and approval
Saturday, May 3th	10:00 h 13:00 h 18:00 h	Heats 1 st and 2 nd run C2 M and K1W Heats 1 st and 2 nd run K1M, C1W and C1M Finals course demo and approval
Sunday, May 4 th	10:00 h 14:30 h 16:00 h	Semi-final: C2M, K1W, K1M, C1W, C1M Final all categories Medal-giving and closing party

Rules Pyrenees Cup 2014: Entries, participation fees, etc

Categories	C2M, K1W, K1M, C1W and C1M		
Nominal Entries Deadline: 16 st April	 World Ranking Race: 6 boats per category per Nation by his NNFF in ICF online system: http://www.canoeicf.com Others athletes: 60 invites, priority to young athletes who participate in all competitions. Entries can be personal or for your club http://www.copapirineus.org Maximum number of participants in total: 300 paddlers All paddlers must have an updated national federation license to confirm their enter, and must designate a Team Manager. 		
General Classification	All paddlers that participated in all competitions		
Competition format	ICF rules: Heats (two runs), one semifinal run and one final run. All paddlers of ICF World Ranking will pass according to ICF progression. Pyrenees Cup paddlers who are outside the limits in each category will be excluded.		
Participation Fee	20 € per paddler, category and competition THREE COMPETITIONS 45€ per paddler and per category		
Judges	In Foix: French Judges In Pau: French Judges In La Seu d'Urgell: Spanish Judges		
Jury	Philippe Calmette, Francis Cohort, Francesc Ganyet and Chief Judge of the competition		
Course design	1 French + 1 Spanish in every competition		
Classification	You must participate in the three comp 0 point to the winner of each competition 2 points to second in each competition 3 points to the third of each competition Final standings: Sum of points earned in a In case of tie, this will be resolved by the		
Prices	More than 5 boats by category 300 € The overall winner 200 € Second-placed 100 € Third place For the type C-2 each competitor will receive this amount Other gifts complement awards	 5 or less than 5 boats by category 150 € The overall winner 100 € Second-placed 50 € Third place For the type C-2 each competitor will receive this amount Other gifts complement awards 	
Other information	Boat storage will be placed in venues Free wireless internet access will be available Free access pass and car parking near venues will be guaranteed		



ORGANIZING COMMITTEE:

Max MAYNADIER President of the club Foix Canoë Kayak Eau Vive

Philippe CALMETTE Technical Manager of the club Foix Canoe Kayak Eau Vive

Marianne AGULHON Chief Official of Pyrenees Cup

SYLVAIN PUY President of the club Pau Canoe Kayak

Francis COHORT Treasurer of Pau Pyrenees Canoe Kayak International (PPCKI)

Enric BALASTEGUI ARTIGUES President of the Club Cadí Canoe Kayak

Francesc GANYET SOLÉ Manager of Parc Olímpic del Segre



The Parc Olímpic del Segre is constructed in a branch of the river Segre, which was re-channelled after the damage caused by the exceptional flood of 1982. The slalom course's specific features are as follows:

- Length : 300 m
- Drop : 6,5 m
- Flow : 12 m³/s
- Course features: concrete bottom, banks and obstacles of natural boulders
- Spectators capacity: 5.000 people

The Competition Course is accompanied by a beginners course which is 130 m long with a drop of 1,5 m. The designed flow ranges from 3 to 10 m^3 /s.

The design of the artificial canals includes a system of complementary canals and mechanical conveyor belts which enable canoeists to return to their starting point without having to leave their boats. The dynamic conception of the whole facilities leads to intensive use all year round and separation of canoeists according to their levels of skill and ability.

The drop in the Slalom course is created naturally via channels that branch from the river Segre, with a very gentle slope. The feeder canal, 165 in length, and mainly the flat water canal, 650 m in length and 20 m in width, are set aside for training in flat water canoeing and the necessary practice that sport lovers require in waters with a steady current.





GPS: Latitude 42,22N / Longitude 1,28E

La Seu d'Urgell is placed at 10 km of Andorra and 200 km of Barcelona

BARCELONA AIRPORT Novatel (Barcelona Airport - Andorra)

It's necessary to book the ticket. Tel. (+376) 803789 e.mail:novatel@andorrabybus.com

Timetables: Airport – Andorra: 10.30h - 13h - 15h - 17h - 20hAndorra – Airport: 5h - 8h - 10h - 12h30 - 17h

TOULOUSE AIRPORT Novatel (Toulouse Airport - Gare Matabiau – Andorra) It's necessary to book the ticket. Tel. (+376) 803789 e.mail: novatel@andorrabybus.com Timetables: Gare Matabiau – Andorra: 10h Airport – Andorra: 10h30 – 19 30h Andorra – Airport: 5h – 10h 15h

GIRONA AIRPORT Novatel (Girona Airport – Andorra- Girona Airport) It's necessary to book the ticket. Tel. (+376) 803789 e.mail: <u>novatel@andorrabybus.com</u> Timetables: Girona Bus Station – Andorra: 09h30 – 19h45 Andorra – Girona Airport: 5h00 – 14h00

BARCELONA (CITY) Barcelona Bus Station (Estació del Nord) – La Seu d'Urgell Alsina Graells Tel. (+34) 902 422242 www.alsa.es Timetables: Barcelona – La Seu d'Urgell (daily): 6h30 – 7h30- 15h - 17h -19h La Seu d'Urgell – Barcelona: 06h30–8h45– 15h30 – 17h30 – 19h

LLEIDA Lleida (Bus Station) – La Seu d'Urgell Alsina Graells Tel. (+34) 902 422242 www.alsa.es Timetables: Lleida – La Seu d'Urgell: 9h15 – 11h30 - 16h (daily) / 19h (from Monday to Friday) La Seu d'Urgell – Lleida: 08h40 (from Monday to Friday) / 6h– 16h20 (daily)



The Pau Pyrenees White Water Stadium is constructed in a branch of the river « gave de Pau » and lets its users choose between 3 different ways of functioning : gravitational, mixed (part of the water is recirculated) or only with pomps.

The slalom course specific features are as follows:

- Length : 280m
- Breadth : 15m
- Height drop : 2%, 4,8m from start to finish
- Flow : 7 to 14 m3
- Conveyors belt transports participants from finish to start point without leaving boats
- Courses features: concrete bottom, banks and obstacles of natural boulders
- Spectators capacity : 8 000 people
- Start pool : 5 000 m²
- Finishing Lake: 1800 m²

Athlete also have the possibility to gather the « gave de Pau » from our finishing lake via a 200m long course equipped with gates. This part of the stadium is also used as a warmer / beginners course.



How to get Pau (France)



Pau Portes des Pyrenees is situated at 770 km from Paris, 200 km from Bordeaux and Toulouse and 100 km from French bask coast. 160 km from San Sebastien, 236 km from Saragosse and Bilbao

GPS: lat 43.300853 / long : -0.373235

HOW TO GET HERE:

By plane:

Pau Pyrenees airport proposes daily flights to Paris, Paris Beauvais, Lyon, Marseille, Rome, London and Bruxelles Charleroi. Also, in a perimetre of 200 km you have the choice between many airports:

N°	Name	Distance from competition site	Time needed
Airport n°1	Pau-Pyrénées	10 km	25 min
Airport n°2	Tarbes-Ossun	35 km	40 min
Airport n°3	Biarritz	110 km	1h10 min
Airport n°4	Bordeaux	200 km	2h
Airport n°5	Toulouse	200 km	2h

By train:

Four trains leave Pau daily to link Paris in only 5 hours. Direct trains go to Bordeaux, Toulouse, Biarritz, Nice, Vintimille, Genève and Spain.

	Name	Distance from competition site	Time needed
Station 1	Pau	Less than 1 km	5 min
Station 2	Toulouse	200 km	2h
Station 3	Bordeaux	200 km	2h

By car:

Since December, a new motorway, the A65, opened linking Pau to Bordeaux in just 1h30.

Foix, Stade eaux vives du Rebech

The event will take place on the natural Rebech wildwater stadium in Foix on the Ariege River. The flow will be regulated by hydroelectric equipment located within 2 km upstream of the venue.

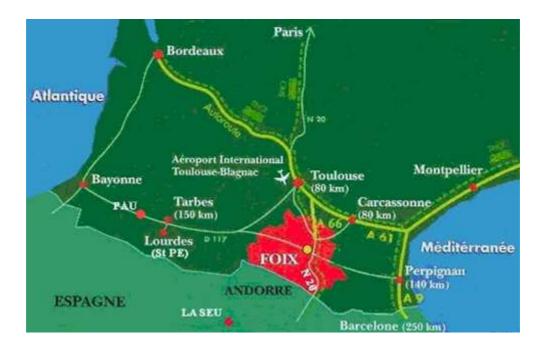
Since 1994, more slices of work have to arrange the bed of the river Ariège to facilitate the activities of water sports. The last work in 2009 consisted of creating, upstream the course venue, a new basin evolution than 100 meters long for trainings and learning.



Length: 300 meters Width: 20 meters to 30 meters Drop: 3 meters Water flow for the event: 40 m³ (can be use from 20 m³ up to150 m³⁾ Beginners' basin, warm-up and cool-down areas upstream and downstream from the venue



How to get Foix (France)



By car:

Toulouse	80 km	1h00
Paris	800 km	9h00
Barcelone	250 km	3h30
Seu d'Urgell	120 km by Andorra or Puymorens tunnel	2h10
Pau	200 km	2h30

By train from Paris

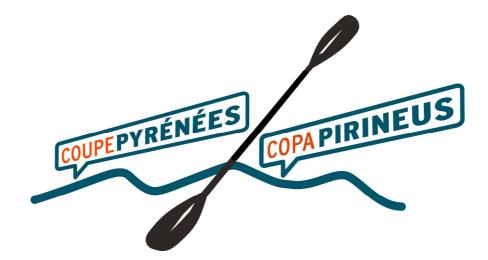
By day	From Montparnasse train station – Duration: 7h20 From Austerlitz train station – Duration: 8h00
By night	Departure From Austerlitz train station from 22h00 Arrival at Foix around 6h00 AM (direct train)
How to book ?	www.voyages-sncf.com

By plane:

Toulouse-Blagnac	100 km	1h30
Carcassonne	80 km	1h

GPS

Lat: 42.964127	Lon : 1.605232



. Stade d'Eaux Vives du Rebech - Foix

Complexe sportif de l'Ayroule - 09000 FOIX Tel. +33(0)5 61 03 85 76 Web: http://foixcanoe.wifeo.com/ Email: foixckev@wanadoo.fr

. Stade d'Eaux Vives Pau-Pyrénées

39 avenue de l'Yser 64 320 BIZANOS Tel. +33(0)5 59 40 85 44 Fax: 33 (0)5 59 98 03 82 Web: www.paupyrenees-stadeeauxvives.com Email: eauxvives-pau@ucpa.asso.com

. Parc Olímpic del Segre

25700 La Seu d'Urgell (Lleida) Tel. 34 973 36 00 92 Fax. 34 973 36 01 92 Web: http://www.copapirineus.org Email: canoeslalomseu@parcolimpic.cat

USEFUL LINKS:

International Canoe Federation: www.canoeicf.com French Canoe federation: Spanish Canoe Federation: Catalan Canoe Federation: Seu d'Urgell Tourist information: www.turismeseu.com Seu d'Urgell Town hall: Pau Tourist Information centre: Pau Town Hall: Foix Tourist Information office: Foix Town Hall:

www.ffck.org www.rfep.es www.fcpiraguisme.com www.laseu.cat www.pau-pyrenees.com www.pau.fr http://www.tourisme-foix-varilhes.fr http://www.mairie-foix.fr

Thanks to Institutions and Sponsors

